

## We Will Not Fear

Psalm 46:1-11

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GOD is our refuge and strength,  
A very present help in trouble.  
<sup>2</sup>Therefore we will not fear, though the earth should change  
And though the mountains slip into the heart of the sea;  
<sup>3</sup>Though its waters roar *and* foam,  
Though the mountains quake at its swelling pride. (Selah)  
  
<sup>4</sup>There is a river whose streams make glad the city of God,  
The holy dwelling places of the Most High.  
<sup>5</sup>God is in the midst of her, she will not be moved;  
God will help her when morning dawns.  
<sup>6</sup>The nations made an uproar, the kingdoms tottered;  
He raised His voice, the earth melted.  
<sup>7</sup>The LORD of hosts is with us;  
The God of Jacob is our stronghold. (Selah)

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<sup>8</sup>Come, behold the works of the LORD,  
Who has wrought desolations in the earth.  
<sup>9</sup>He makes wars to cease to the end of the earth;  
He breaks the bow and cuts the spear in two;  
He burns the chariots with fire.  
<sup>10</sup>Be still and know that I am God;  
I will be exalted among the nations, I will be exalted in the earth."  
<sup>11</sup>The LORD of hosts is with us;  
The God of Jacob is our stronghold. (Selah)

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## Psalm 46: Psalm of Trust

1. God is our defense, though the earth changes (v.1-3)
  - central image: God is our "impenetrable defense"
  - central point: He is *with us* to deliver and defend
  - central expression of trust: we will not fear!

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## Psalm 46: Psalm of Trust

2. God is our defense, though the nations rage (v.4-6)
  - God's presence is the source of life and protection
  - ultimately a reference to the final or New Jerusalem (Rev. 21:1-3; 22:1)
  - ultimately a reference to the final battle

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## Psalm 46: Psalm of Trust

3. God is our defense, though the Lord brings His judgment (v.8-11)
  - a picture of final judgment and final deliverance
  - central expression of trust restated: "Be still"

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## Psalm 46: Psalm of Trust

### ➤ *Application in the face of COVID-19*

1. Respond out of faith not fear
  - the antidote to fear is trust in the character, presence and promises of God in Christ (Matt. 6:25-34)
  - allow this time of uncertainty to expose misplaced trust, and to increase dependence on God (2 Cor. 1:9)
  - cast all your anxieties on Him because He cares for you (1 Pet. 5:7; Ps. 56:3-4)

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## Psalm 46: Psalm of Trust

### ➤ *Application in the face of COVID-19*

2. Respond out of love not fear
  - the reason we change our practices is not mainly self-protection but love for neighbor
  - our trust in God and love for neighbor compel us at times to risk our own safety, health and life

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### *What is your only hope in life and in death?*

That I am not my own, but belong—body and soul, in life and in death—to my faithful Savior, Jesus Christ.  
 He has fully paid for all my sins with his precious blood, and has set me free from the tyranny of the devil.  
 He also watches over me in such a way that not a hair can fall from my head without the will of my Father in heaven; in fact, all things must work together for my salvation.  
 Because I belong to him, Christ, by his Holy Spirit, assures me of eternal life and makes me heartedly willing and ready from now on to live for him.

(Heidelberg Catechism)

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